

Psychiatric Advance Directives

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Psychiatric Advance Directives

What?

PADs: What?

- Self-determination based legal document
 - Prepare in advance of a crisis
 - Voice, maximize decision-making
- Preferences regarding medications and treatments
- What helps. What makes things worse.
- Identify supporters/agents
- Tools to improve engagement
 - Providers, community based-services, hospitals, jails, law enforcement, crisis personnel
- Practical matters
- Physical medical conditions
- Additional section options

Psychiatric Advance Directives

Why?

PADs: Why?

- Recovery, Self-determination
- Coordination of Care; Coordination of Information:
 - Silos within systems; Silos across systems.
 - Medical records v. condensed, essential information
 - **Bridge between criminal and civil**
- Resources
- Safety
- Relationship with providers, law enforcement, etc.
- Entrance for additional services

PADs: Why?

- Criminal Justice:
 - Avoid crises
 - Engagement with law enforcement:
 - Reduce chance of escalation/harm
 - Reduce arrests
 - Relationship
 - Arrest:
 - Reduce entrance into competency cycle
 - Human rights/Economic
 - Provide jails with critical information
 - Pre-trial, Jail Diversion, Terms of bond and probation:
 - Individualized terms, increase likelihood of success
 - SMI is not static, MH crises and/or struggles foreseeable
 - Bridge between criminal and civil – modifications rather than revocations

Psychiatric Advance Directives

Section Options

Psychoactive Medication

- Safety and effectiveness
- Current medication
- What works. What doesn't work. Why?
- Other treatments and assists
- Considerations when considering
- Information is an opportunity

Preferences for Emergency Treatment

- Medication, seclusion, restraint
 - Hospitals and jails
- Things that help de-escalate.
- Things that may escalate.
- Critical insights and information.
- Tools

Information for Law Enforcement and Crisis Personnel

- Individualized
- Things that may help de-escalate.
- Things that may cause escalation.
- Avoid arrests
- Relationship

Critical Physical Medical Information

- Chronic medical conditions
- Allergies
- Prescription medications
- Over the counter medications
- Dietary restrictions or special needs
- Additional treatments

- Identifying supporters
- Designating agents
- Notification
- Veteran status
- Hospital preferences

Practical Matters

- Household matters
- Finances
- Employment
- Education
- Probation
- Attorney

Effective Communication









- Accommodation
- Lawyers and Courts: Criminal and Civil
- Competency



Additional Sections

- Housing
- Education
- Employment
- Trauma triggers
- Pre-trial/Diversion/Bond/Probation Terms
- Manifestation toolkit

Criminal Justice System Engagement  PAD Section(s)

- | | | |
|------------------------------------|--|---|
| 8. Re-entry |  | 8. PAD |
| 7. Probation |  | 7. Terms of Probation Accommodations/Safety Net |
| 6. Jail |  | 6. Preferences for Emergency Treatment; Psychoactive Medication; Critical Physical Medical Conditions |
| 5. Mental Health Courts |  | 5. Practical Matters (Attorney, Probation); Housing; Education; Employment; Manifestation Toolkit |
| 4. Pre-trial diversion |  | 4. Pre-Trial Diversion Terms and Accommodations/Safety Net |
| 3. Reduce incompetency |  | 3. Effective Communication |
| 2. Avoid escalation; Avoid arrests |  | 2. Information for Law Enforcement and Crisis Personnel |
| 1. Prevent engagement |  | 1. PAD; Manifestation Toolkit |