Compassionate Release Clearinghouse COVID-19 Project National Reentry Resources¹

General resources

Eldercare locator

https://eldercare.acl.gov/Public/Index.aspx

This is a great place to start for families as many resources are linked to a central 'spoke' in an easy to digest fashion. Links to support services, housing, elder rights, transportation, insurance and benefits, and health are on the main page. The search tool is particularly helpful for locating area resources.

Eldercare locator -- Area Agencies on Aging

https://eldercare.acl.gov/Public/About/Aging Network/AAA.aspx

These organizations (Area Agencies on Aging) are often POWERHOUSES. They are state specific and serve as a 'hub' for everything from navigating Medicare and Medicaid applications, aligning Meals-on-Wheels, and securing low-cost durable medical equipment

Friends of Disabled Adults & Children

https://www.fodac.org/programs/

Requires \$25 donation but this organization provides excellent supports with durable medical equipment, and home and vehicle modifications for persons with disabilities. As of right now, they DO NOT SHIP—pick up in Stone Mountain, GA.

Insurance

When planning, begin by establishing health insurance coverage as this is essential to facility admission. If housing will be with kin, health insurance will still need to be established to trigger many benefits, some of which can be provided retroactively.

Centers for Medicare and Medicaid Services

https://www.cms.gov/

Medicare – Get started with Medicare https://www.medicare.gov/sign-up-change-plans/get-started-with-medicare

Medicaid – Contact your State with Questions

https://www.medicaid.gov/about-us/contact-us/contact-your-state-questions/index.html

¹ Many thanks to Stephanie Grace Prost, Ph.D., Assistant Professor, Kent School of Social Work, University of Louisville, for compiling this resource guide.

U.S. Department of Veterans Affairs – Veterans Benefits Administration

https://benefits.va.gov/BENEFITS/Applying.asp

Benefits available not only to those who have served, but may also be provided to spouses and dependents, including those who will be taking over care role.

HealthCare.gov

https://www.healthcare.gov/

Housing & Health Care

Resources below are listed from least to most restrictive. Decisions where to reside are based on level of care (physician driven)—as activities with daily living (such as eating, walking, personal hygiene, breathing) become more difficult, long-term and nursing care will be necessary. If patient is terminal—expected to die within 6 to 24 months in most cases—hospice providers will step in. Note that hospice can be provided at home, but some agencies do provide inpatient options.

Also, some home health agencies offer 'wrap around' services—things like medication management, light housekeeping, and cooking may be included; if not, look to the <u>Area Agency</u> on <u>Aging</u> in your jurisdiction to fill in these 'holes'.

Medicare.gov – Home Health Compare

https://www.medicare.gov/homehealthcompare/search.html

Medicare.gov -- Nursing Home Compare

<u>https://www.medicare.gov/nursinghomecompare/search.html?AspxAutoDetectCookieSupport</u> =1

National Hospice and Palliative Care Organization – Find a Care Provider https://www.nhpco.org/find-a-care-provider/

Long-term Care Ombudsman

https://ltcombudsman.org/

While not essential for reentry planning, this is a good resource for families if they feel that they are being discriminated against. Access to advocacy may be necessary later on during their loved one's stay.

Financial Resources

Social Security – Apply for Benefits

https://secure.ssa.gov/iClaim/dib

Caregiver Resources

NIH National Institute on Aging Caregiving – Advance Care Planning

https://www.nia.nih.gov/health/caregiving/advance-care-planning

Provides overview of advance directives, health care surrogacy, and organ donation. Clarifying that these are either 1) in place; or that 2) resources have been identified will bolster a case of family preparedness. Importantly, a large body of evidence speaks to the importance of these oft overlooked processes as key to reducing care burden.

Health Resources & Services Administration – Alzheimer's Disease and Related Dementias Training Curriculum (Caregivers)

https://bhw.hrsa.gov/grants/geriatrics/alzheimers-curriculum

For those persons discharged with Alzheimer's Disease and related dementias (ADRD), this tool provides critical content for caregivers to reduce caregiver anxiety and burden which in turn support better care outcomes.

National Respite Network – National Respite Locator

https://archrespite.org/respitelocator

Importantly, caregivers cannot assure the needs of their care recipient are met until their own needs have been satiated. Respite (through formal or informal channels) can help to assure caregivers are not overburdened and can reduce the risk of elder abuse.

National Adult Day Services Association – Find a Center

https://www.nadsa.org/locator/